

Build a Life You Love Daily Schedule

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Focus for the Day

Project 1

★ _____

Project 2

★ _____

Project 3

★ _____

To-Do's

- _____
- _____
- _____
- _____
- _____
- _____

Appointments/Reminders

- _____
- _____
- _____
- _____
- _____

Bible Verse

Things I am thankful for

Today will be a good day if:

Did I focus on what matters today?

How did I show gratitude today?

Personal Goals:

❖ _____ ➤

Progress _____

❖ _____ ➤

Progress _____

Reflections of the day

