

# No Limits Workbook

## Guide to Create & Scale Your Passion

**LIST YOUR TALENTS,  
PASSIONS:**

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**WHAT SKILLS,  
KNOWLEGE OR  
PRODUCT CAN YOUR  
OFFER PEOPLE?**

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**WHAT'S YOUR WHY? WHY DO YOU  
WANT TO START OR GROW YOUR  
CREATIVE PASSION TO MAKE MONEY?**

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WHAT IS THE BIGGEST OBSTACLE OR BELIEF HOLDING YOU BACK FROM STARTING?

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WHAT IS THE 1 THING YOU NEED HELP WITH TO GET YOU STARTED?

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WILL YOU SHARE AT LEAST 1 IDEA OF WHAT YOU CAN OFFER/SELL PEOPLE WITH A FRIEND OR SOMEONE YOU KNOW? WRITE DOWN WHAT YOU WILL SHARE AND WITH WHO.

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**WHO IS YOUR PRODUCT/SERVICE OR OFFERING FOR (DESCRIBE THE PERSON AND THEIR NEEDS AND CHALLENGES) EX. ARE THEY A BUSY STAY-AT-HOME MOM WITH YOUNG KIDS WHO DOESN'T HAVE MUCH TIME TO MAKE DINNER, UNDER 35, WANTS TO FEED HER KIDS HEALTHY FOOD)**

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**HOW CAN YOU HELP YOUR IDEAL CUSTOMER AND HELP THEM SOLVE THEIR PROBLEM OR FRUSTRATION?**

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WHAT DO YOU WANT YOUR LIFE TO LOOK LIKE IN 3 MOS, 6 MOS, 1 YEAR AND BEYOND?

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WHAT SKILLS, KNOWLEGE OR PRODUCT CAN YOUR OFFER PEOPLE?

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CAN YOU LIST A FEW IDEAS OF THINGS YOU COULD OFFER/SELL? EX. TANGIBLE PRODUCT, OR COURSE, OR WORKSHOP, OR EBOOK? DON'T WORRY ABOUT HOW YOU'LL CREATE IT BUT WHAT COULD YOU OFFER BASED ON YOUR SKILLS, KNOWLEDGE OR PASSIONS?

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WHAT LIMITING BELIEFS ARE KEEPING YOU FROM GOING AFTER THIS? WHAT THOUGHTS KEEP REPLAYING IN YOUR HEAD (NEGATIVE IDEAS, REASONS YOU TELL YOURSELF YOU CAN'T DO IT OR DON'T HAVE THE KNOWLEDGE)

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LIST THINGS YOU WANT FOR YOUR LIFE - AS MANY AS YOU CAN IF NOTHING WAS HOLDING YOU BACK (DREAM HERE, DON'T WORRY ABOUT IF IT SEEMS ACHIEVEABLE RIHT NOW)

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