

Created For Connection Bible Study: Leader Guide

Created for Connection

This leader guide supports facilitators in creating safe, honest spaces where women can explore God's design for connection and take meaningful steps toward community.

How to Lead This Study

- Lead with warmth and permission
- Encourage honesty without pressure
- Avoid fixing or rescuing
- Let Scripture and shared experience do the work

Week 1 Leader Notes: Created for Connection

Core Emphasis

God designed people for shared life. A lack of connection is not failure, but a signal.

Watch For

- Women minimizing their desire for connection
- Shame around feeling disconnected

Helpful Prompts

- Where do you see God's design for connection in Scripture?
- What gets in the way of shared life today?

Week 2 Leader Notes: Biblical Hospitality

Core Emphasis

Hospitality is about posture, not performance.

Watch For

- Comparison around homes, schedules, or capacity
- Guilt-based responses

Helpful Prompts

- What would hospitality look like without pressure?
- Where could connection grow through ordinary moments?

Week 3 Leader Notes: Friendship and Community

Core Emphasis

Friendship deepens through shared time and consistency.

Teaching Insight

Research shows meaningful friendships take hours, not instant chemistry. Normalize slow growth and persistence.

Watch For

- Fear of rejection
- Discouragement about past friendships

Helpful Prompts

- What would change if we expected friendships to take time?
- How might consistency build trust?

Podcast Episodes to Listen to:

- **Created for Connection: Building Meaningful Friendship and Community as a Christian Woman**
 - <https://kristinfitch.com/spark-of-faith-podcast-episodes/from-loneliness-to-connection-how-to-build-meaningful-friendships-community-as-a-christian-woman/>
- **Power of Biblical Hospitality**
 - <https://kristinfitch.com/spark-of-faith-podcast-episodes/the-power-of-biblical-hospitality-how-inviting-others-in-can-transform-your-life/>
- **Building Meaningful Friendships: How to Find Your People & Deepen Connections**
 - <https://kristinfitch.com/spark-of-faith-podcast-episodes/building-meaningful-friendships-how-to-find-your-people-deepen-connections/>

Closing the Study

Invite participants to:

- Name one relationship to invest in
- Commit to a simple next step
- Release unrealistic expectations

Leader Reminder

Your role is to create space. God grows connection through honesty, presence, and time.