

Created for Connection Bible Study Guide

Living Out God's Design for Community

A 3-Week Bible Study for Christian Women

Based on the Faith Fueled Living podcast series (see bottom of Study Guide for Links to Episodes)

God did not design us for isolation. From the beginning, Scripture shows that we are formed for relationship, with Him and with one another. This study invites women to move from awareness to action, building lives rooted in connection, hospitality, and meaningful friendship.

Each week builds intentionally:

- Week 1 grounds us in God's design for connection
 - Week 2 invites us to open our lives through biblical hospitality
 - Week 3 equips us to build lasting friendships and community
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Week 1: Created for Connection

Theme: God's design for belonging and shared life

Key Scriptures

- Genesis 2:18
- Ecclesiastes 4:9–12
- Proverbs 18:24

Teaching Focus

Connection is not optional or secondary. Scripture makes it clear that community is part of God's original design. When connection is missing, something essential is missing, even in faithful lives.

Read & Reflect

1. In Genesis 2:18, why does God say it is not good for man to be alone?

2. According to Ecclesiastes 4:9–12, what are the benefits of shared life?

3. Where do you experience connection in your life right now?

4. Where do you long for deeper connection or shared life?

5. Loneliness may appear when connection is missing. How have you noticed this in yourself or others?

Open Group Questions

- Why do you think connection can feel harder in adulthood?
- What messages from culture discourage meaningful connection?

Practice This Week

Choose one:

- Notice one person you usually pass by
 - Initiate one brief conversation
 - Pray daily for eyes to see people God places in your path
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Week 2: Opening Our Lives Through Biblical Hospitality

Theme: Creating space for connection

Key Scriptures

- Romans 12:13
- Hebrews 10:24–25
- Luke 10:33–35

Teaching Focus

Biblical hospitality is not about entertaining or perfection. It is about posture. It creates environments where people feel safe, welcomed, and valued.

Read & Reflect

1. How does Romans 12:13 describe hospitality?

2. What fears or hesitations come up when you think about inviting others into your life?

3. Hospitality does not have to happen in a home. Where could it happen for you?

4. How might hospitality deepen connection in your current season?

Open Group Questions

- What holds women back from practicing hospitality?
- How can hospitality be simple and life-giving?

Practice This Week

Choose one:

- Invite someone for coffee, a walk, or a meal
 - Offer a small act of kindness or encouragement
 - Create a phone-free moment for connection
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Week 3: Choosing Friendship and Building Community

Theme: Consistency, courage, and shared time

Key Scriptures

- Proverbs 27:17
- John 15:12–15
- Galatians 6:2

Teaching Focus

Friendship grows through time and intention. Research shared in the podcast reminds us that connection deepens through shared hours, not instant chemistry.

Friendship and Time

- Around 50 hours to move from acquaintance to casual friend
- Around 90 hours to become friends
- Over 200 hours to build deep friendship

Read & Reflect

1. What kind of friendships do you desire in this season?

2. How does Jesus model friendship in John 15?

3. What fears or habits keep you from investing time in relationships?

4. Who might God be inviting you to show up for more consistently?

Open Group Questions

- Why does friendship require inconvenience?
- How can shared time transform relationships?

Practice This Week

Choose one:

- Schedule a recurring connection with someone
 - Invite someone into an ordinary part of your life
 - Commit to showing up consistently for one relationship
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Podcast Episodes to Listen to:

- **Created for Connection: Building Meaningful Friendship and Community as a Christian Woman**
 - <https://kristinfitch.com/spark-of-faith-podcast-episodes/from-loneliness-to-connect-ion-how-to-build-meaningful-friendships-community-as-a-christian-woman/>
- **Power of Biblical Hospitality**
 - <https://kristinfitch.com/spark-of-faith-podcast-episodes/the-power-of-biblical-hospitality-how-inviting-others-in-can-transform-your-life/>
- **Building Meaningful Friendships: How to Find Your People & Deepen Connections**
 - <https://kristinfitch.com/spark-of-faith-podcast-episodes/building-meaningful-friendships-how-to-find-your-people-deepen-connections/>

Closing Reflection

Connection grows slowly, imperfectly, and faithfully. God meets us in the choosing, the inviting, and the showing up. As we live created for connection, we reflect His heart to the world.