

Why Creativity Matters to God: Group Leader Study Guide

Purpose of This Session:

Help participants see creativity as part of their faith, identity, and calling. This is not about artistic skill. It is about being fully human before God.

- Session Flow (60 minutes)
- Welcome and opening prayer – 5 min
- Scripture reading and discussion – 15 min
- Teaching and reflection – 15 min
- Group discussion – 20 min
- Closing prayer – 5 min

Key Scriptures to Read Aloud:

- Genesis 1:27
- Exodus 31:1–6
- Exodus 35:35
- Acts 17:28

Leader Tip: Ask different participants to read each passage.

Teaching Notes:

Creativity reflects God's nature. It is not limited to art, writing, or music.

Scripture shows God intentionally filling people with skill and imagination.

Distraction, speed, and constant input dull curiosity and creativity.

Creativity is one way we co-create with God and serve others.

Many adults shut down creativity due to criticism, busyness, or cultural pressure.

Discussion Questions:

When you hear the word creativity, what comes to mind? What feelings does it bring up?

How does Scripture expand or correct our view of creativity?

Where do you see evidence that God values skill, design, and making?

What are common distractions that keep us from slowing down and creating?

How can creativity help us better understand our purpose or calling?

What fears or beliefs keep people from reclaiming creativity?

Group Activity (Optional):

Invite participants to name one small creative practice they could try this week. Keep it simple.

Examples:

- Cooking without rushing
- Writing or journaling
- Gardening or arranging flowers
- Doodling or sketching
- Telling or recording family stories
- Have each person share one idea aloud.

Leader Reflection Prompts:

Who in the group may struggle with feeling “not creative”?

Where might shame, pressure, or burnout be present?

How can you affirm creativity without performance or comparison?

Closing Prayer

Thank God for how He uniquely created each person. Ask for courage to make space, slow down, and create with Him rather than striving alone.